**Coaching Evaluation Template**

**To be completed by Coachee on completion of the coaching assignment**

| Coachee |  | Coach |  |
| --- | --- | --- | --- |
| Department  |  | Role |  | Date: |  |
| **1 = Strongly disagree; 2 = Disagree; 3 = Neither agree or disagree; 4 = Agree; 5 = Strongly Agree** |
| **My Coach …** | **Rating:1-5** |
| * Established a mutually agreed contract, regarding the coaching purpose, expectations, boundaries and aspects of confidentiality
* Comments:
 |  |
| * Effectively helped me to address my needs and goals
* Comments:
 |  |
| * Demonstrated effective communication skills by listening, questioning and helping me express my thoughts
* Comments:
 |  |
| * Demonstrated a wide portfolio of coaching approaches and methods to support my thinking
* Comments:
 |  |
| * Effectively adapted their approach and style to meet my personal needs and learning style
* Comments:
 |  |
| * Challenged my thinking, perceptions and assumptions
* Comments:
 |  |
| * Helped me focus on what was important for me
* Comments:
 |  |
| * Encouraged my self-belief, self-esteem and personal confidence
* Comments:
 |  |
| * Gave me helpful and insightful feedback when I needed it
* Comments:
 |  |
| **Overall Feedback**  |
| What three things would describe your coach’s style and approach?  |
| What have you found most valuable about your coaching experience?  |
| What are your main achievements from coaching?   |
| How will you embed what you have learnt?  |
| What one thing could have been different to make your coaching experience even better?  |

**Overleaf is an opportunity for you to provide a testimonial to support others gain the benefits from coaching**

**Testimonial:**

If you are willing to do so, please can you provide a testimonial that we can use to support internal marketing of the coaching service. Describe the following:

a) What has been the personal benefits for you from coaching?

b) What has been the impact for you from a work perspective and how will the organisation benefit from this?

c) Would you recommend coaching to others and why?

|  |
| --- |
|  |

***Thank you***

***Your feedback will be fed back to your coach and the ratings and comments will be held on file by xxx in line with GDPR requirements. Any information used for overall client evaluation purposes will remain anonymous to protect your confidentiality.***